

## Curriculum Vitae

1. **Name** : Dr. Pranita Sushil Joshi Deshmukh.
2. **Date of Birth** : 09-07-1980
3. **Sex** : Female
4. **Nationality** : Indian
5. **Marital status** : Married
6. **Language Known** : English, Hindi, Marathi
7. **Address** : Nilesh Park, C/16, Sade Satra Nali Road, Near Sane Guruji Hospital, Pune – 411028.
8. **Contact Details** : (0)98222-29579, (0)9822960828
9. **Email:** : [pranitaj@gmail.com](mailto:pranitaj@gmail.com) , [suprajaclinic@gmail.com](mailto:suprajaclinic@gmail.com)
10. **Present Affiliation** : Working as Women Scientist Scholar (WOS - C) at URDIP, Pune  
Practicing Ayurveda and Yoga since 6 years

### 11. Academic Qualification :

Exam passed	Board / University	Year of passing	Percentage
S.S.C	Maharashtra board	1996	80
H.S.C	Maharashtra board	1998	81
B.A.M.S.	MUHS NASHIK	1999	72
M.A.(Sanskrit)	Tilak Maharashtra university, Pune	2006	67
M.D.(Physiology)	SSAM Ayurved College,Pune University,Pune	2007	Pass

### 12. Additional Qualification:

- C.G.O. (Certificate in Gynaecology and obstetrics)
  - Institute: Matru Seva Sangha,Mahal, Nagpur.
  - Duration: 5 Months
- Yog-Pravin (Diploma in Yoga )
  - Institute: Janardhan Swami Yogabhyasi Mandal,Ramnagar, Nagpur.
  - Duration: 2 Years

### 13 Research Experience

- Worked as Research Project Assistant in various Research projects at Ayurved Research Institute, Pune for one year.(2005-06)
- Cardiac Rehabilitation
- Joint Care programme
- Growth monitor Project in new born babies
- Malnourishment in school children project
- Effect of Keshya Taila
- Obesity Clinic
- Pregnancy care (Yoga in pregnancy,pre and post pregnancy care)

#### **14 Conference Presentation/s (Poster)**

- Paper presentation in national seminar (AAYUSH)
- Topic- 'Eligibility of athlete according to Prakriti and Sara.

#### **15 Participations:**

- In various Seminars / Workshops on national and international level.
- Conducted seminars on yoga & yogic rogopchar.
- Worked with Lions Ayurved club Nagpur as active participant in every program.
- Ayurved Vyaspith-Nagpur branch
- Akhil Bhartiya Vidyarthi Parishad-Nagpur
- B.A.M.S. graduates association-Nagpur
- 22nd National Conference of ayurvedic specialist & Seminar on vedanasthapan dravya. 6, 7 Feb 06
- International seminar on Scope for practicing Ayurveda abroad 29 jan 06
- National symposium on Ayurvedic Management of musculoskeletal disorders 3,4 dec 05
- National conference in preventive cardiology-An Integrated approach 15,16 oct 05
- National conference on Striroga-Uttarbasti chikitsa
- World Ayurved Congress 2006, Pune.

#### **16 Membership**

- Ayurved Vyaspith, Nagpur, Maharashtra, India.
- Life member of Central research institute of Medical sciences, Mumbai, India.

#### **17 Awards:**

- First Prize in All India Inter Collegiate Essay Competition
- Third Prize in All India Inter Collegiate Elocution Competition
- Dabur Ayur Medha Award
- Appreciation Certificate for University Topper
- Best Critics Award
- First Prize in Essay Competition – Nagpur
- CCRAS New Delhi scholarship for M.D. Dissertation.
- Women Scientist Scholarship Scheme (C) 2007

## **18 Computer Skills**

- Comfortable with MS-Word, MS-Excel, MS-Power point
- Comfortable with usage of internet and outlook for mailing and planning.
- MSCIT (Maharashtra State Certificate in Information Technology) with 74% in 2007.

## **19 Extra Curricular Activities**

- Active participation in Charity programmes of Lions International Club and Rotary International.
- Organized Public Awareness Programme for Pancha-gavya Chikitsa.

## **20 References**

1. Dr. R.R Hirwani Email: [Hirwani@urdip.res.in](mailto:Hirwani@urdip.res.in) / Phone : (91)-20-25383558  
Director, Unit For R & D of Information Products, Pune
2. Dr. Prof. Mrs. Kalpana Sathe Email: [kalpanasathe@hotmail.com](mailto:kalpanasathe@hotmail.com) / Mob - 9881691940  
HOD, Dept. of Physiology, S.S.A College, Hadapsar, Pune

## **21 Declaration**

I here by declared that information furnished above is true to best of my knowledge.

**Place:**

**Date:**

**Dr. Pranita Sushil Joshi Deshmukh.**