

**RECOMMENDATIONS  
OF WORKING GROUP ON RESEARCH AND HEALTH CARE**

To establish Communication and Networking between the core group from different countries participating in the concerned Clinical Research- responsibility

The CCRAS will be acting as nodal body for co-ordinating the international collaborative Clinical Research and networking/communicating among the peer group.

Identifying the co-chairs representing different countries interested to participate in clinical research (already done)

Identification of the area specific research team for the sustainable management of the project .

Formulation of Advisory board for quality control of international collaborative clinical research

Identifying the open methodologies to be adopted for clinical research based on holistic approach of ayurveda adopting integrative approach

Formulation of a global committee for advising clinical research in ayurveda and other traditional medicine

Collating the views of working group members on areas of Interest

Training young researchers in research methodology and Ayurveda.

## Action taken

Identified Co-chairs for overall management in their respective area

1. Europe-Dr. Antonio Morandi,
2. US-Robert Schneider, MD, FACC
3. Korea. Sae-il Chun, MD
4. India- Dr. Ramesh Babu, Director General, CCRAS
5. Malaysia- Dr. Dorai Raja

## The core areas for undertaking research

Neurodegenerative Disorders

Rasayana/ Antiageing/ Frailty Recovery

Metabolic Disorders e.g. Diabetes m.

Lifestyle Related Disorders

Cardiovascular Diseases

Liver -, Pancreas-, Gastrointestinal diseases

Rheumatoid Arthritis, Arthrosis

Skin Diseases e.g. Psoriasis, Neurodermitis

Cell Protection, Stem Cell Stimulation,

Cancer

## Proposed actions

- To collect the areas of interest of each one in the group (action CCRAS)
- Identify collaborating centres/ research teams
- Finalize roles and responsibilities of all participating centres
- Consortium for sharing for funding
- Identify medicines, procedures, life style etc of identified area based on previous data/ evidence

Designing mutually agreed, feasible, comprehensive proposal and protocol by collaborating centres by considering holistic and individualistic principles of Ayurveda



## **Strategies**

Precise preparation of research proposals by teams  
team leaders and funding

Local meetings in the co-chair area

Quarterly organized teleconferences

Information about new research results

Next meeting September 2010 at Delhi during the  
Pharmacy and Pharmacology Meeting

CCRAS will take care for communication and coordination

**thank you**