



European School of Professional Studies

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ITEC APPROVED COURSES:

Courses	Duration	Home study	Fee £
Anatomy & Physiology	50 hr	180 hrs in 36 wks(5 hrs/wk)	475+VAT
Diet & Nutrition for Complementary Therapists	100 hrs	180 hrs in 36 wks(5 hrs/wk)	875+ VAT
Holistic Massage	50hrs (25 Theory+25Pr)	180 hrs in 36 wks(5 hrs/wk)	475 + VAT
Indian Head Massage	50 hrs (25Theory+25Pr)	180 hrs in 36 wks(5 hrs/wk)	475 + VAT
Infant & Child Massage	25 hrs	40hrs in 8 wks (5 hrs/wk)	225 + VAT
Lymphatic drainage Massage	50hrs(25 Theory+ 25Pr)	180 hrs in 36 wks(5 hrs/wk)	475 + VAT
On Site Massage	50hrs(25 Theory+ 25Pr)	180 hrs in 36 wks(5 hrs/wk)	475 + VAT
Yoga Teaching	150hrs (75Th+ 75 Pr)	80 hrs in 8 months(10hrs/m)	1275 + VAT

** Examination fee £ 65 is payable by the students. (8 weeks before the examination date)



EISRA (European Institute for Scientific Research on Ayurveda) approved

Courses

Course	Duration	Fee £per year	Practical
Ayurveda Therapist	2 Years	1375	1 week
Ayurveda Practitioner	4 Years	1375	4 weeks practical training in India compulsory
Distance Learning	9 Months	375	Option for Practical training available

*EACH YEAR HAS - 9 WEEKENDS