

## **National Institute of Ayurveda**

An Autonomous Body of the Department of AYUSH, Ministry of Health & family Welfare, Govt. of India),  
Madhav Vilas Palace , Amer Road,  
Jaipur (Rajasthan)

## **Curriculum Vitae**

**Dr. Gopesh Mangal**

### **Career Objective**

To pursue a challenging carrier in Ayurveda and accept every opportunity, which can give me a chance to provide me good exposure to expand my knowledge and to work ambitiously in the R & D department and as well as to serve the patients by the clinical practice. I am an innovative person and I am passionate to provide the benefits of the Ayurveda & Panchakarma to the people

### **My Qualification(s)**

**Doctor of Medicine (M.D.) in Panchakarma**

**Bachelor of Ayurvedic Medicine and Surgery (B.A.M.S.)**

**Diploma in Nutrition and Health Education (DNHE)**

**Diploma in Naturopathy & Diploma in Yoga (N.D.D.Y.)**

**Diploma in Computer Science (DCS)**

### **Skills**

#### **Academicals skills:**

- Won 2<sup>nd</sup> rank in All India Pre-P.G. Exam of National Institute of Ayurveda, Jaipur
- Won 1<sup>st</sup> rank in the each Prof. during my B.A.M.S.
- I don't miss the opportunity to hold the 1<sup>st</sup> rank also in the total made up marks for Degree.
- Having knowledge of Acupressure therapy.

#### **Innovation Skills:**

- Prepared many ayurveda medicines during my degree and the results of those medicines were positive.
- Wrote some articles on the ayurveda which were printed in the famous Newspapers and Ayurvedic magazines.

#### **Computer Skills:**

- Having knowledge of internet, MS word and other computer basics.

## Academics

Educational Qualifications:

<b>Qualification</b>	<b>Year of Passing</b>	<b>Board / University</b>	<b>Institute</b>
M.D. (Panchakarma)	2008	Rajasthan Ayurveda University, Jhodhpur	National Institute OfAyurveda (An Autonomous Body of the Department of AYUSH, Ministry of Health & family Welfare, Govt. of India), Jaipur(Raj.)
B.A.M.S.	2004	Rajasthan University, Jaipur	M.M.M. Govt. Ayurveda College, Udaipur(Raj.)
DNHE	2003	Vardhman Mahavir open university, Kota	(Correspondence course)
N.D..D.Y	2007	Gandhi National Academy of Naturopathy, New Delhi	Prakritika Chikitsha Kendra, Jaipur(Raj.)
DCS	2002	-	Indian Institute of Computer Training, Udaipur(Raj.)

## Research Project

A research based project titled as “Herbal Remedy for Hypertension” under student project programme, Department of Science and Technology, Govt. of Rajasthan

## Dissertation Title of M.D

“A Clinical Study to Evaluate the Efficacy of Shodhana (Vamana & Virechana) and Dermo-Care (Kalpit Yoga) in the Management of Mandala Kushtha W.S.R. to Psoriasis”

## Publications/ Research Papers/ Conferences/ Seminars /workshop attended

- More then 6 Paper presented in various National and International Seminars of Ayurveda.
- More then 9 articles published in leading Journals, Magazines and the News Papers
- More then 14 seminars/workshops attended

## Awards / Commendations

- Received the “**Ayurmedha Award**” and cash reward of Rs. 1500 by Dabur India Ltd. and Certificate of Merit by the college on winning the first rank in the first prof. during B.A.M.S.
- Received the “**Ayurmedha Award**” and cash reward of Rs. 1500 by Dabur India Ltd. and Certificate of Merit by the college on winning the first rank in the second prof. during B.A.M.S.
- Received the “**Jivajka Award**” and cash reward of Rs. 7500 by Himalaya drug company Ltd. on winning the first position in the total made up marks for the Degree.

- Received the “**Bhamashah Award**” with Gold medal and cash reward of Rs. 2001 by Mahrana Mewar Foudation, Udaipur for out standing performance during B.A.M.S
- Received “**Rasstriya Pratibha Samman**” by Aggrawal Samaj during BA.M.S.
- Received “**Best paper award**” in National Seminar on guggulu conducted at NIA
- Received “**Certificate of Merit**” in Exams of M.D.(Ayu.) by Charak Pharma

### Present Status

- Senior Resident, P.G. Dept. of Panchakarma, National Institute of Ayurveda, Jaipur
- Appointed as Lecturer-cum-CMO, Deptt. Of Panchakarma,Shri Dhanwantry Ayurvedic college & Dabur Dhanwantry Hospital, Chandigarh

### Personal Attributes

I like to interact with the people and work as a dedicated team member. I am always ready to learn and improve my knowledge, working and myself.I always welcome suggestions and possess a great sense of responsibility. Professional attitude, good communication skills, excellent convincing power, optimism and team spirit are my strengths.

### Personal Details

<b>Son of</b>	: Sh. Prem Prakash Mangal
<b>Age &amp; Date of Birth</b>	: 30 yrs., 11 May 1978
<b>Marital Status &amp; Sex</b>	: Married, male
<b>Nationality</b>	: Indian
<b>Passport No.</b>	: A-9704828 (India)
<b>Registration no.</b>	: 23853 (Board of Indian Medicine, Rajasthan)
<b>Hobbies / Interest</b>	: Swimming, watching comedy movies, wild life adventures
<b>Languages</b>	: Speaking /Writing/ Reading
<b>English</b>	- Good / Good /Good
<b>Hindi</b>	- Excellent/ Excellent/ Excellent
<b>Sanskrit</b>	- Fair/ Good /Good
<b>Present address</b>	: 16 Mahar house ,Gangapole road ,Jorawar singh gate ,Jaipur, (Raj.)
<b>Permanent address</b>	: 55, Bal mandir colony, Sawai Madhopur (Raj.)
<b>Contact number</b>	: 9414268854,9413414656, 07462-220795, 220292
<b>Email</b>	: ayurvedagya@ yahoo.co.in, ayurvededist@rediffmail.com