

RESUME

DR. N. C. SHAH

- **Double Ph.D.** (Ayurveda & Plant Medicine)
- **B.I.M.S.** (Bachelor in Integrated Ayurvedic & Modern Medicine & Surgery)
- **F.R.S.H.** (London)
- Senior Consultant & Ex.–Advisor / Consultant in Ayurvedic Medicine.
GOVT. OF MAURITIUS
- **Ex–Professor & Head of the Department of Kayachiktsa** (Int. Medicine)
A & U Tibbia College & Hospital (University of Delhi)
- **Ex–Deputy Medical Supdt. (D.M.S.)**, A & U Tibbia College (University of Delhi)
- **Specialist in Keraliya Panchkarma & Massage Therapy.**
- **Honoured By – Post–Doctoral Fellowship and International Ayurveda Award** from
Institute of Indian Medicine (University of Pune)
- **Teachers Re–Orientation in Kayachikisa (Medicine) conducted by National Institute
of Ayurveda, Jaipur.**
- **Diploma in Naturopathy & Diploma in Yoga (N.D.D.Y.)**

EXPERIENCE: 35 years

- Developed and established infrastructure for Ayurvedic Medicine in **Mauritius** (1992 – 2000)
- Head of Department of Kayachiktsa (Int. Medicine), A & U Tibbia College (University of Delhi) for 29 years.
- **Deputy Medical Superintendent**, A & U Tibbia College (University of Delhi) for 5 years.
- Worked as Incharge Physician and Consultant in medicine and Panchkarma in Out Patient Department and in patient Department of the Hospital, attached with the College.
- Attended Training Programme on “**Hospital Management**” sponsored by Directorate Union Territories Civil Services (TCG) Delhi Administration, New Delhi.
- Worked as a **Chief Investigator** for the Science Research project on “**The study of Dharakalpa and Shirobasti**” for certain specific disease sponsored by the **University Grants Commission (UGC)**
- Presented several papers on Clinical Evaluations and Scientific Research and published articles in Magazines and souvenirs.

INFRASTRUCTURE ESTABLISHED & DEVELOPED (MAURITIUS)

- **Herbal Medicinal Garden:** Planted about 150 plants of Medicinal use and research.
- Research and development laboratory in collaboration with modern research and development.
- Opened Ayurvedic Centres in major Hospitals along with clinical research.
- Established Panchkarma Centre (**Massage Therapy**)
- Made survey of medicinal plants available in the vicinity of Mauritius.
- Prepared disease data every year and its progress report for the record of Ministry of Health, Govt. of Mauritius.
- Dissemination of Ayurvedic Medicine through seminars and workshops.
- Trained auxiliary nurses for Panchkarma Centre and Massage Therapy.
- Six months training was imparted to the allopathic dispensers in dispensing Ayurvedic medicines.
- Established SPA Centres at various places in Mauritius.

INVITATION FOR NATIONAL & INTERNATIONAL SEMINARS & WORKSHOPS

- I had been invited to Renion Island in March 1995, sponsored by the Ministry of Health, Govt. of Mauritius for imparting the training in **Panchkarma, Massage Therapy and Yoga** as well as Life **Style Management**.
- Invited to attend the Seminar on Ayurveda, Importance of herbs for Preventive and Promotive aspect of Health at Durban, Johannesburg and Cape Town (South Africa) in April 1997.
- Invited to attend and to chair the session on '**Health for All and Move for Health**' a WHO concept and role of Ayurveda. Also trained people in Massage Therapy, Rejuvenation and how to observe Healthy Life Style in a Holistic way in USA and Canada on Sept.2000.
- Invited as a Guest Lecturer to present paper on NEUROLOGICAL DISORDERS at the University of Pune, 2001.
- Presented paper at Lal Bahadur Shastri Memorial Foundation in New Delhi, Dec.2003.
- Attended International Conference on Ayurveda and Herbal Drugs, sponsored by Planning Commission, New Delhi in 2003.
- Invited by Hungarian Ayurveda Medical Foundation to promote Ayurveda in Budapest, Hungary in the month of April, 2007.
- Also, delivered a lecture at Debrecen University – Faculty of Medicine for students of Medicine regarding the Basic Principles of Ayurveda & Yoga.
- Invited to chair session at International Conference in Ayurveda at Budapest, Hungary in Sept. 2007.

LANGUAGES WRITTEN & SPOKEN

English, Hindi, Gujarati, Marathi, Malayalam & Sanskrit.

DESIRED POSTS:

- Director of the Institute or Spa Centres.
- Foreign assignments on related fields.
- Senior Consultant (Ayurveda) in good Hospitals
 - Life Style Diseases such as Diabetes, Blood Pressure, Cholesterol, Obesity, Stress, Arthritis (All types), Skin diseases, Postate Enlargement in old age, Rejuvenation, sexual Debility, etc.
- Counseling in Diet, Yoga exercise, etc.
- To establish Panchkarma and Spa Centres.

PERMANENT ADDRESS

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