

CURRICULUM VITAE

Name : Dr. R. Raja Raja Chozhan
Date of Birth : 15.11.1980
Nationality : Indian
Marital Status : Unmarried

Current Residence and Official Address	Permanent Address
Shri Ramachandran Naturopathy & Yoga Speciality Hospital 13/85, Pidamaneri Road, Dharmapuri – 636705 Mobile - 09965513484 E-mail < drrrch@gmail.com >	45 B, 66 Feet Road Barathipuram, Dharmapuri – 636705 Tamilandu Phone – 04342 232537

ACADEMIC QUALIFICATION

1. S.S.L.C Passed during the year 1996 from Wisdom Matriculation School, Cheyyar. Tamilnadu	2. 12th Standard Passed (10+2) during the year 1998 from S.R.V. Higher Secondary School Rasipuram. Tamilnadu
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PROFESSIONAL QUALIFICATION

Degree	Year & Duration of the Course	Institution – Studied	University
B.N.Y.S (Bachelor of Naturopathy & Yogic Sciences)	1998 – 2004 (5 1/2 Years) 4 1/2 Academic + 1 Year Internship	Did First 4 1/2 years of the course from Tamilnadu Medical College of Naturopathy & Yogic Sciences, Salem. <ul style="list-style-type: none">• Did 6 months of Internship from National Institute of Naturopathy, Pune.• 2 months from Nisargopchar Ashram, Urulikanchan, Pune.• 2 months from Good Life Ashram, Sivasailam. Tamilnadu.• 2 months from T. N. Medical college of Naturopathy & Yogic Sciences Hospital, Salem.	Tamilnadu Dr. M.G.R Medical University, Chennai.

SUBJECTS STUDIED

Fundamental Medical Subjects

- Anatomy
- Physiology
- Microbiology
- Pathology
- Biochemistry
- Exercise physiology
- Community Medicine
- Modern Diagnosis
- Obstetrics & Gynaecology

Special Subjects on Natural Healing & Yoga

- a) Principal & Practice of Nature Cure
- b) Acupuncture & Reflexology
- c) Massage & Exercise Therapy
- d) Physiotherapy
- e) Hydrotherapy, Aromatherapy
- f) Magneto, Chromo & Electrotherapy
- g) Nutrition & Dietetics
- h) Yoga (Philosophy, Yogasanas & Meditation)
- i) Yoga Therapy
- j) Iridology & Facial Diagnosis
- k) Fasting Therapy
- l) Psychology & Counseling
- m) Panchakarma Therapy (Ayurveda)
- n) Fundamentals of Ayurveda & Siddha

CAREER INTENTIONS

- Special interest in planning, execution of budget, staff training, realize targeted business, membership etc. and to manage a centre for the promotion of activities relating to physical fitness & Wellness Activities.
- Also in Lifestyle management by conducting both general and therapeutic yoga classes, workshops, dietary counseling, fitness management, and special rejuvenation program.
- Deep knowledge in Shiatsu, Swedish and Thai Massage, Aromatherapy, fitness management, etc.

WORKING EXPERIENCE

Year	Organization	Designation
02 /01/2006 to till date	Shri Ramachandran Naturopathy & Yoga Speciality Hospital Dharmapuri. Tamilnadu	Residential Medical Officer (RMO)
14/06/2004 to 31/12/2005	Arogyadham Kasturba Nisargopchar Kendra Mahatma Gandhi Institute of Medical Sciences (MGIMS) Campus Sevagram. Maharashtra (India)	Consultant Physician in Naturopathy & Yoga

ACCREDITATION

- Registered Medical Practitioner under Tamilnadu Board of Indian Medicine (Reg. No – 154)
- Deep knowledge in Therapeutic Yoga, Biofeedback, Relaxation techniques and Meditation
- Basic Knowledge in Panchakarma, Shiatsu and fitness Management
- Conducted the activities such as Massage basics, Yoga workshops, Stress management programmes and Reflexology classes for the general public at Arogyadham, Wardha
- Conducted the Positive Promotion of Health (PPH) workshops for the women staffs of Lyods steel factory, Wardha
- Gave seminars on Basics of Yoga and its role on health related complaints to the Medical staffs of Torrent Pharmaceuticals at Pandiyan Hotel, Madurai
- Invited delegate for the WHO sponsored Workshop on Research Methodology in Naturopathy and Yoga, organized by CCRYN (2005, 2006), New Delhi.
- Conducting the Positive Promotion of Health (PPH) and Lifestyle Management workshops for the wellbeing of corporate staffs and general public in the various places of Tamilnadu.

LANGUAGES KNOWN

English, Tamil and Hindi

COMPUTER SKILLS

Basic knowledge in the use of Microsoft Word, PowerPoint and Internet

I am very happy to work as Consultant in Naturopathy and yoga. I feel that I have all of the necessary clinical and inter-personal skills to perform the duties of the post to a high standard.

Dr. R. Raja Raja Chozhan

REFERENCE

Prof. Dr. B. T. Chidananda Murthy Director Central Council for Research in Yoga & Naturopathy (Dept. of AYUSH, Ministry of Health & F.W, Govt. of India) New Delhi. India Phone: 011 25534717, 25557602 Email: ccryn@nda.vsnl.net.in	Dr. R. Anand Kumar Spa Manager Taj Rambagh Palace Jaipur. India Mobile – 09251088837 Email – dranandkumarbnys@gmail.com
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