

Prevention and Treatment of Allergies: Ayurvedic and Allopathic Perspectives

Icy D'Silva

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Department of Food Science



UNIVERSITY
of GUELPH

Guelph, Ontario N1G 2W1
CANADA

Ayurveda and Allopathy



Ancient

Complementary alternate medicine

Whole picture

Pañchamahābhūta



Modern

Details

Recombinant DNA Technology

Ayurveda

- Caring for all humanity
- 'Herb' preparations
- Traditional principles
- Personalized
- New potencies of disease prevention and remedies



Allopathy

- **New discoveries and insights**
- **New initiatives**
- **Chemical pharmacology**
- **Detailed sub-atomic structures**
- **Active ingredients**

Similarities between Ayurveda and Allopathy

- **Safe and effective use**
- **Balancing and regulating internal body systems**
 - **Vāta/pitta/kapha (ayurveda)**
 - **Chemical pathways / feedback systems (allopathy)**
- **Physical therapy**

Ayurveda and allopathy are beginning to embrace each other

Health is achieved through balance and regulation of the internal systems

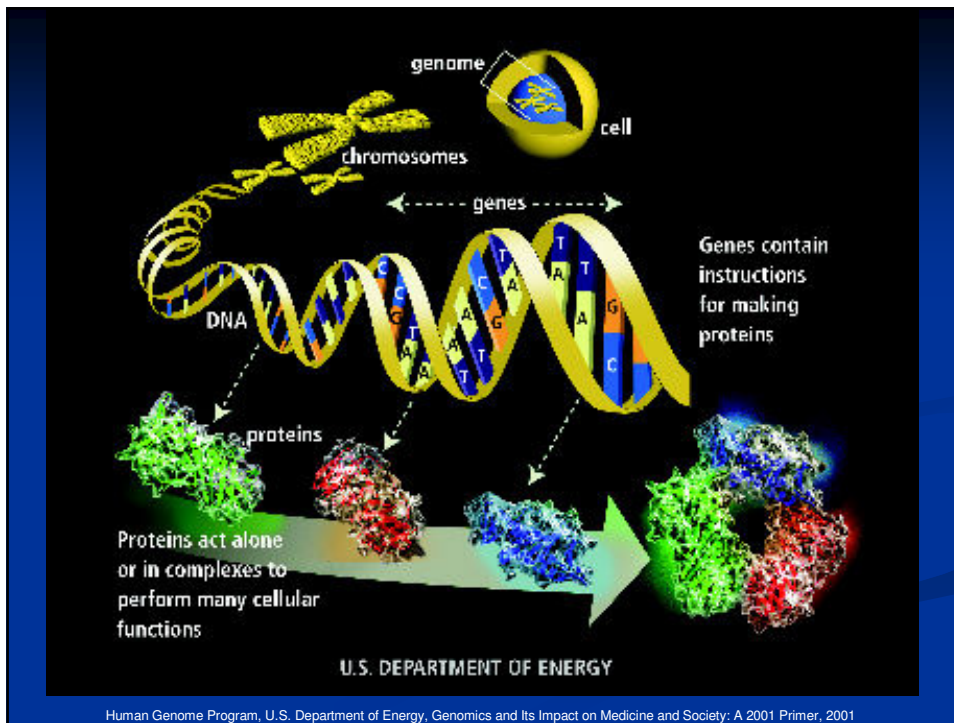
Ayurveda as the 'Last Resort'

- **Terminal patients turn to ayurveda only as the 'last resort' to prolong life**
- **Drug-drug, drug-herb and herb-herb interactions**

Challenges facing Ayurveda

- **Educational**
- **Cultural**
- **Social**
- **Environmental**
- **Legal**

**There is a Need for Integration of Ayurveda and
Allopathy**



Recombinant Technology

Restr. P. plasmid

Restr. P. enzymes

Recombinant Plasmid DNA

Proteomics

<http://www.imb-jena.de>

DNA → Algorithm → Protein Model

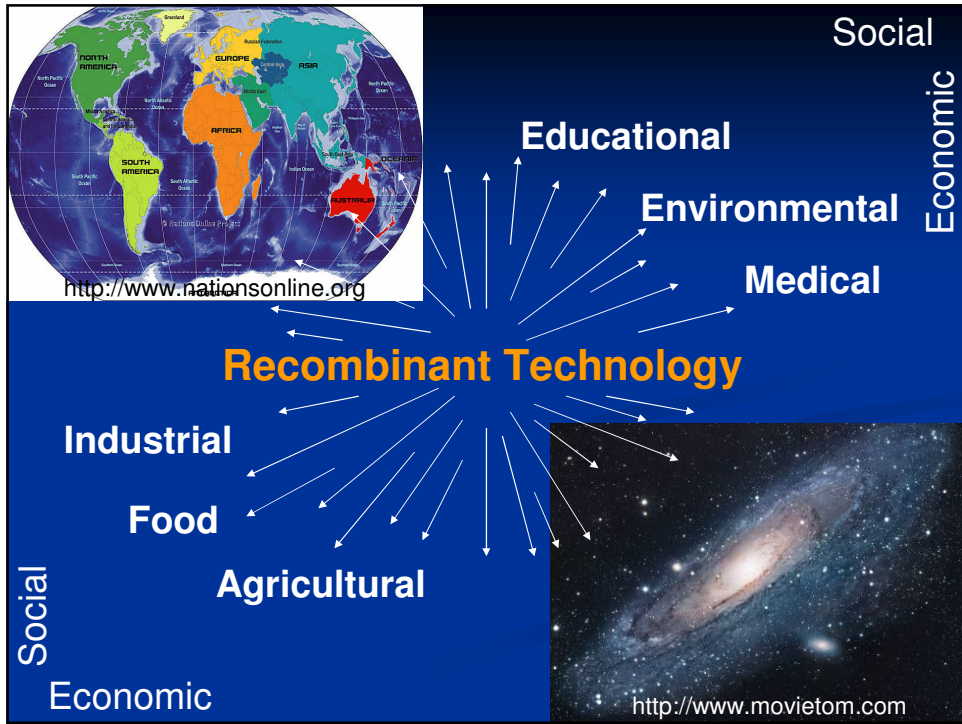
Natural Evolution

Genomics

<http://en.wikipedia.org>

Bioinformatics

	Residue	φ	ψ	Ω
THR	0.0	147.7	172.9	
THR	107.2	-125.3	187.4	
CYS	123.4	85.6	103.3	
PRO	60.3	83.9	-16.7	



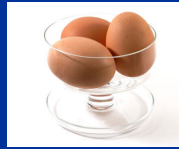
Allergens and Allergies

ALLERGIC REACTIONS			
Skin Contact	Injection	Ingestion	Inhalation
poison plants	bee sting	medication	pollen
animal dander	medication	nuts & shellfish	dust
pollen			mold & mildew
latex			animal dander

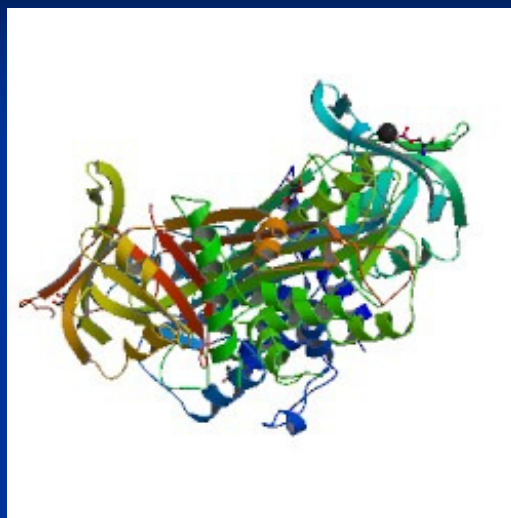
ADAM

Food Allergies

- Adverse immune reactions to food
- 20% of population in economically developed countries
- Affect 8% of children and 4% of adults in North America
- More than 180 foods are reported to cause allergies
- Can be life-threatening
- Economic loss to the food industry
- Loss to the Canadian economy and World economy



Hen Egg Ovalbumin



<http://www.beta.rcsb.org>

RECOMBINANT OVALBUMIN (rOVA)

RECOMBINANT OVALBUMIN MUTANTS (rOVAm)

Amino Acids of OVA for Site-Directed Mutagenesis

1	MGSIGAASME FCFDVFKELK VHHANENIFY CPIAIMSALA MVYLGAKDST
51	RTQINKV VR F DKLPGFGDSI EAQCGTSVNV HSSLRDILNQ ITKPNDVYSF
101	SLA S RLYAEE RYPILPEYLQ CVKELYRGGL EPINFQTAAD QARELINSWV
151	ESQTNGIIRN VLQPSSVDSQ TAMVLVNAIV FKGLWEKTFK DEDTQAMPFR
201	VTEQESKPVQ MMYQIGLFRV ASMASEKMKI LELPFASGTM SMLVLLPDEV
251	SGLEQLESII NFEKLTWTS SNVMEER K K VYLPRMKMEE KYNLTSVLMA
301	MGIT DV FSSS ANLSGISSAE SLKISQAVHA AHAEINEAGR EVVGSAEAGV
351	DAASVSEEFR ADHPFLFCIK HIATNAVLFF GRCVSP

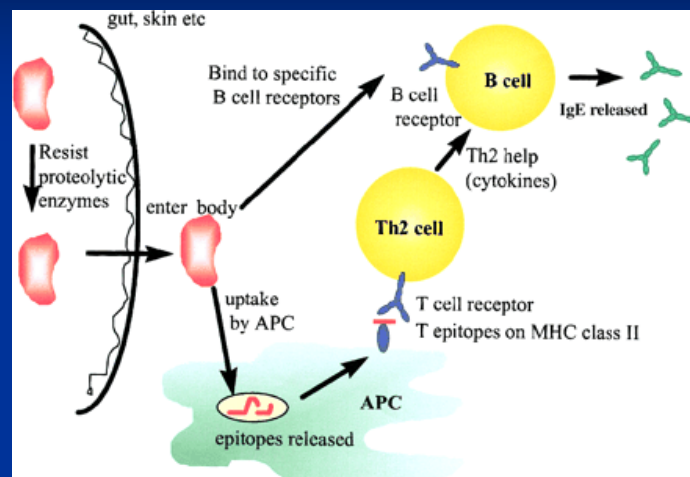
Site-Directed rOVAm for Desensitization

Mutant Serial Number	Construct	Mutations	Mutated Amino Acid Number	OVA IgE Epitope Number	Organism with the Construct
Mutant-1	pGAPZ α A/ova	Single	R59G	1	<i>P. pastoris</i>
Mutant-2	pGAPZ α A/ova	Double	S104G / D305G	3 / 6	<i>P. pastoris</i>
Mutant-3	pGAPZ α A/ova	Double	V58D / K280E	1 / 5	<i>P. pastoris</i>
Mutant-4	pGAPZ α A/ova	Single	R59G	1	<i>E. coli</i>
Mutant-5	pGAPZ α A/ova	Double	S104G / D305G	3 / 6	<i>E. coli</i>
Mutant-6	pGAPZ α A/ova	Double	V58D / K280E	1 / 5	<i>E. coli</i>
Mutant-7	pET-22b(+)/ova	Double	R59G / D305G	1 / 6	<i>E. coli</i>
Mutant-8	pET-22b(+)/ova	Triple	R59G / K280E / F307S	1 / 5 / 6	<i>E. coli</i>



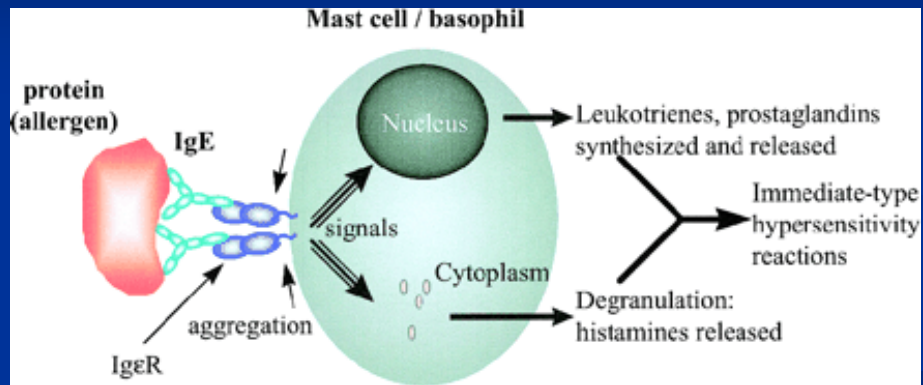


Induction of Allergic Sensitization



Russell *et al.* (2000) *Toxicol. Sciences* 55, 235-246.

Allergy



Russell *et al.* (2000) *Toxicol. Sciences* 55, 235-246.

V58D / K280E Pp and R59G / K280E / F307S Ec – H

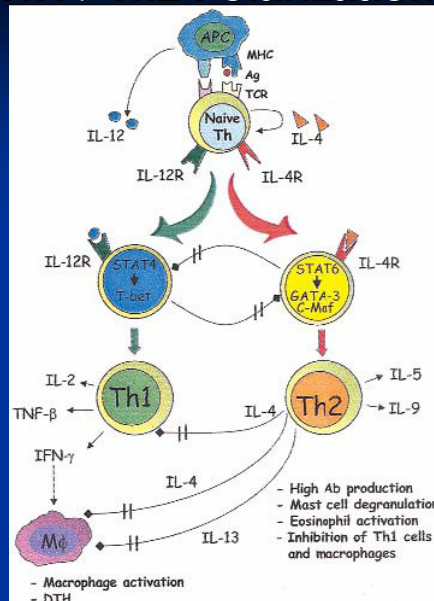
Total IgE ↓, Specific IgE ↓

Total IgG ↑, Specific IgG ↑, Specific IgG1 ↓, Specific IgG2a ↑

Histamine ↓

Th1 / Th2 Polarization

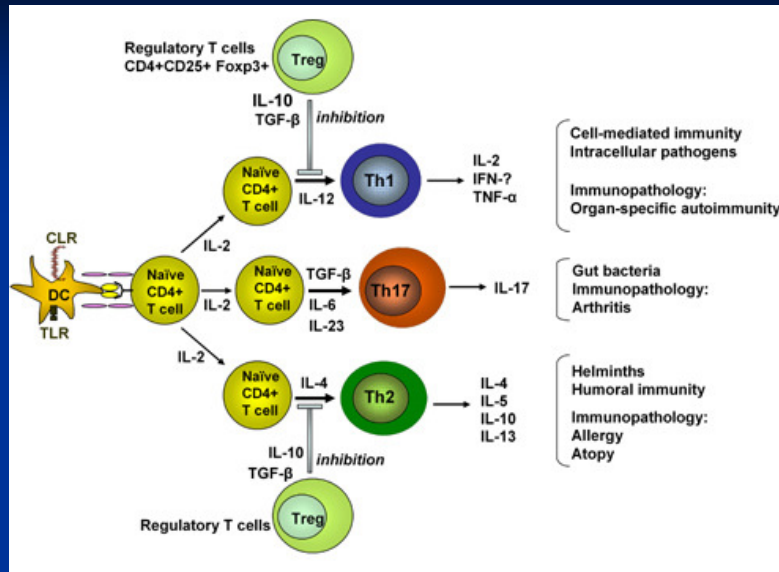
IL-2
 IL-12
 IFN- γ
 IL-18
 TNF- α



IL-4
 IL-5
 IL-13

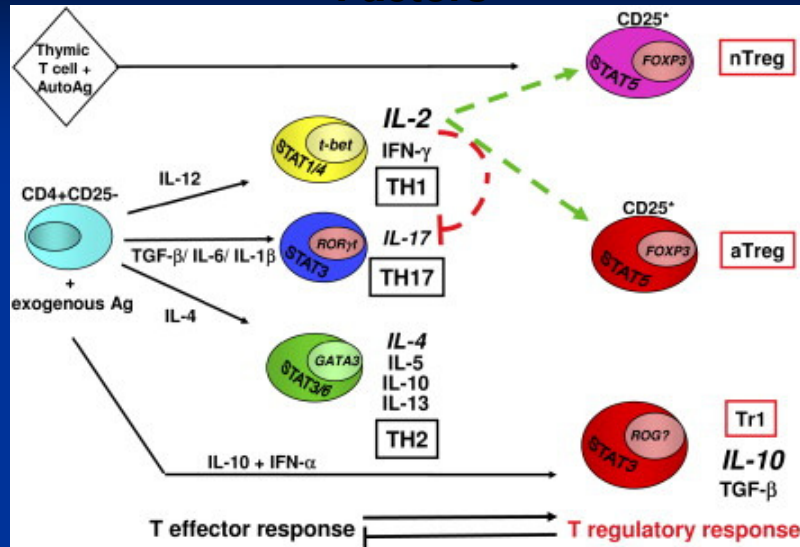
Romagnani (2004) J. Allergy Clin. Immunol. 113, 395-400.

Th17 Cells and Treg Cells



Cooke (2006) Rev. Diabetic Stud. 3, 72-75.

Teff Cells, Treg Cells and Transcription Factors



Bacchetta *et al.* (2007) *J. Allergy Clin. Immunol.* 120, 227-235.

V58D / K280E Pp and R59G / K280E / F307S Ec – H

Th1: IL-12 \uparrow , IFN- γ \uparrow

Th2: IL-4 \downarrow , TNF- α \downarrow

Treg: IL-10 \uparrow , TGF- β \uparrow

V58D / K280E Pp and R59G / K280E / F307S Ec – H

Th1: IL-12 ↑, IFN- γ ↑, IL-2 ↑, IL-18 ↓, T-bet ↑, FoxP3 ↑

Th17: IL-6 ↓, IL-23 ↓

Th2: IL-4 ↓, IL-5 ↓, IL-13 ↓, GATA-3 ↓

Treg: IL-10 ↑, TGF- β ↑

V58D / K280E Pp and R59G / K280E / F307S Ec – H

Total IgA ↑, Specific IgA ↑

V58D / K280E Pp and R59G / K280E / F307S Ec – H

PPL: CD4⁺CD25⁺ ↑, CD4⁺γδ⁺ ↑

IEL: CD4⁺CD25⁺ ↑, CD4⁺γδ⁺ ↑, CD8⁺CD25⁺ ↑, CD8⁺γδ⁺ ↑

LPL: CD4⁺CD25⁺ ↑, CD4⁺γδ⁺ ↑, CD4⁺FoxP3⁺ ↑

V58D / K280E Pp and R59G / K280E / F307S Ec – H

Th1 / Th2 balance → Th1 pathway

Teff / Treg balance → Treg pathway

Summary

- There is a need to integrate ayurveda and allopathy
- Recombinant molecules are effective in reducing the dosa imbalance
- By integrating ayurveda and allopathy through recombinant technology, the benefits of healthy and hygienic living for society will be more fully realized

Thank You

Recombinant DNA Technology