

Ayurveda in Austria

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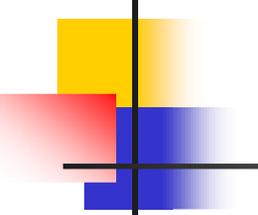
Austria - Klagenfurt



Hospital EKH

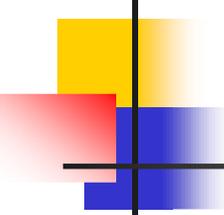
Surgical departement





Ayurvedaclinic in Klagenfurt





Ayurveda among the Austrian population

- 25% of Austrians know about Ayurveda
- Moderately wide spread as Wellness
- Hardly known as medicine

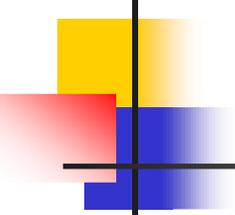
Ayurveda in medical profession

- <10 Doctors practice Ayurveda predominantly
- <30 Doctors use Ayurveda additionally to school medicine
- Herbalists are not allowed to practice in Austria
- legalized doctors are allowed to practice any medicine in Austria

Ayurveda and Wellness

- Since 2006 legalized in Austria
- Ayurvedic wellness massager should attend a 3 years course
- Only allowed for healthy people (wellness) and not for sick people





Ayurveda Therapists

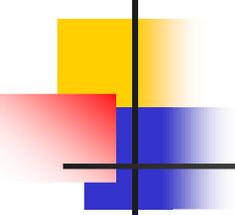
Should be legalized medical professional,
such as pyhsiotherapist, nurse etc

Ayurveda Education in Austria

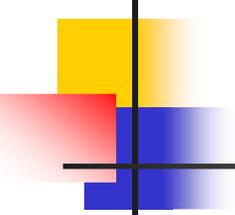
- No University program or courses
- One private school restricted only for doctors
- Many private schools for wellness massage training



Ayurveda & Health insurance companies



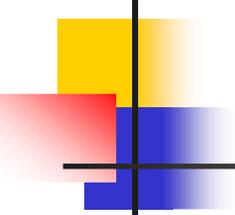
- Ayurvedic treatment is not included in the basic health insurance plan
- Some private insurance companies refund ayurvedic treatment expenses



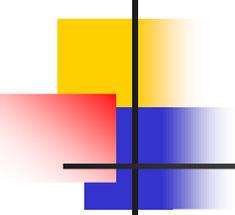
Health ministry and Medical council

- Commission for traditional asian medicine (TAM)
- Ayurveda is not legalized by the austrian medical council

Ayurvedic products and medication

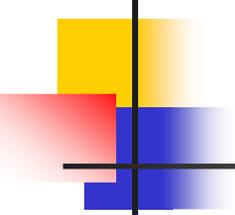


- Available as food supplements
- Pharmacists are allowed to import them as medical preparations on their own risk



Ayurveda & modern medicine

- Cannot be equated with modern medicine, but as a complementary medicine
- More emphasis should be on preventive than curative



Pillars of Ayurveda in Europe

- Preventive medicine
- Geriatrics (Rasayana)
- Palliative medicine
- Rehabilitation
- Surgical techniques (Ksharasutra, leech therapy)

Propagation of Ayurveda in Europe

- Good training centres for doctors, other medical professionalists and for wellness massagists
- Research work and evidence based Ayurveda
- Standardise ayurvedic medication with the help of ayurvedic companies

Welcome to Ayurveda Conference in Vienna Sept 2009

