



Ayurvedic Education in the UK

MAYUR

**The Ayurvedic University of
Europe**



The Background

- **Interest in CAM growing steadily in the UK and elsewhere in Europe**
- **45-50% of GPs in the UK provide access to CAM**
- **NHS expenditure on treatments for chronic and undifferentiated illness in excess of £1 billion per annum**

Shirodhara





CAM Practitioners

- **Benign regulatory environment in the UK**
- **Osteopaths and Chiropractors are the only regulated CAM professions in the UK to date**
- **House of Lords Select Committee report (2000) considered Herbal Medicine and Acupuncture ready for statutory regulation**
- **Herbal Medicine Regulatory Working Group set up by DoH in 2002**



Ayurvedic Education

- **First validated degree in Ayurveda launched in October 1999**
- **Five cohorts of students have graduated with a BA (Hons) Ayurvedic Studies degree**
- **Minimum requirement set by BAMC and BAAAP for practice is a higher education degree in Ayurveda + 1000 hours of clinical training**

The first graduates of MAYUR





B.Sc (Hons) Ayurveda at MAYUR

- **MAYUR is a significant step forward in preparing students academically, personally and professionally in the field of Ayurvedic Medicine**

Practical sessions





The Goals of Ayurvedic Education

- To provide formal academic and training programmes that serve as platform for life-long learning
- To instil importance of ethical behaviour, accountability and professional standards
- To support critical thinking, evaluation, reflection, cross-cultural understanding and spiritual awareness

Fully qualified MD lecturers





B.Sc (Hons) Ayurveda

- **Enables students to acquire health assessment and diagnostic skills specific to the Ayurvedic system of holistic health care**
- **Knowledge of a wide range of therapeutic interventions**
- **An ability to appraise their effectiveness**
- **A clear understanding of the scope of one's knowledge and when to refer on**

Nadi Pareeksha





Learning Outcomes

- **Demonstrates comprehensive theoretical knowledge of the holistic nature of Ayurveda and its specialist areas**
- **Uses theoretical knowledge to inform observation of patients and to reach a diagnosis**
- **Demonstrates skills to develop a treatment plan and a prescription**
- **Takes responsibility for clinical decisions**

Valid Knowledge of Dravya





Teaching & Learning Strategies

- Acquisition of specific learning skills, distinctive concepts and terminology
- Insight into the classical literature which informs theory and practice of Ayurvedic Medicine
- In-depth study of the *Materia Medica* and traditional pharmacy
- Hands-on learning in a clinical environment
- Research awareness

Knowledge from the Ancient Texts



