



Current status of **Ayurveda** in Hungary

Mr. Istvan Riesz Dr.(Ayu)Hon.
MSc. ME. and Economics
Chairman
Hungarian Ayurveda Medical Foundation
Established in 1996, Budapest

In the frame of the Centenary Celebrations of
the All India Ayurvedic Congress
7-8th of October 2009
New Delhi, India



Successes of the past years

**2006: Central-European Veterinary
Ayurveda Conference**

**2007: International Ayurveda Conference
cum Exhibition** (more then 500 participants
from around Europe, 32 lecturers from India
and EU)

Indo-Hungarian Health Agreement signed for the period **2008-2012**
for cooperation in the field of teaching, health-care and research projects
on Ayurveda

The Ayurveda Coordination Centre of Europe - ACCE-database was created
in 2007, for the coordination of European ayurvedic organizations by a Europe-wide
ayurveda database, and strenghten the cooperation between them and with India
(AYUSH). **ACCE** is hosted and operated by HAMF at **www.ayurveda.hu**

Post-gradual university-level education and scientific research projects on
Ayurveda are under preparation at Hungarian medical universities and scientific
centres. Teaching of Ayurveda at **basic level** is already done at some Hungarian
faculties of medicine and colleges of health-studies.



Legal status of Ayurveda in Hungary

Licensing of ayurvedic products in Hungary: Present licences of ayurvedic human and veterinary paramedicines are only valid till March 2011.

After that time registration is possible as:

- medicines, or
- food-supplements / fodder supplements.

Registration as medicines is: long, difficult and very expensive procedure.

Registration as food-supplements: not any indication can be stated on the covering material, patient information sheet or in the advertisements.

Ayurvedic **veterinary products** play an important role in food safety and environment protection. (Registration in Hungary since 1998.)



Issues in focus

Import and customs clearing of ayurveda products:

The import and clearing of ayurvedic products from India is made difficult by customs authorities (changing of TARIC-codes, CITES-enlisted herbs)

Strengthening the legal status of Ayurveda in Hungary. **Alleviation of the licencing** of ayurvedic products in Hungary, elimination of the present legal gap.

Harmonization of Hungarian laws, coordination of the importing and licencing of ayurvedic products in cooperation with Hungarian Ministries

Ayurvedic herbs banned in EU:

Some important and widely used ayurvedic herbs are banned in the EU, thus sometimes the **composition** of ayurvedic herbals products **has to be amended** to be able to licence and import them.

Main tasks and directions



Legal acknowledgement of **Ayurveda diplomas and trainings** in Hungary.

Amplification of the collection of books of the Ayurveda Library of HAMF to 1.000 volumes by 2010.

Translation of further ayurvedic books to Hungarian language (2 books were published already)

Cooperation and support of Indian partner institutions is needed to speed up the process (scientific cooperation, common research projects, donation of study books).

Collection of a **financial fund** from Indian supporters to manage the teaching and marketing of Ayurveda and ayurvedic products in Hungary/Central-Europe

Creation of an **Ayurveda Scientific Centre**, in cooperation with the Indian Cultural Centre founded in Budapest by the Embassy of India

Aims of the future – Overcoming the obstacles



More intensive **cooperation between EU-Council and India** to strengthen the legal status of Ayurveda within EU

Cooperation between EU and AYUSH-experts to eliminate the lack of knowledge and low acceptance of Ayurveda, ayurvedic products and Indian herbs by European medical experts (revising of list of herbs banned or unknown):

International trade with ayurvedic products: special attention to **CITES-licenced herbs**

European pharmacopoeas to be updated according to new scientific research on these herbs in Indian and worldwide



Thank you for
your attention!

Visit us in Budapest in 2010!

Contact us:

Hungarian Ayurveda Medical Foundation

Garuda Trade Ltd.

Budapest, Hungary

ayurveda@garuda.hu, garuda@garuda.hu

www.ayurveda.hu, www.garuda.hu

www.ayurvedacoordination.eu