RESUME

DR. N.C. SHAH.

- **Double Ph. D.** (Ayurveda & Plant Medicine)
- F.R.S.H. (London)
- Senior Consultant & Ex. Advisor / Consultant in Ayurvedic Medicine.
 GOVT. OF MAURITIUS
- Ex- Professor & Head of the Department of Kayachiktsa (Int. Medicine)
 A & U Tibbia College & Hospital (University of Delhi)
- Ex- Deputy Medical Supdt. (D.M.S.), A & U Tibbia College (University of Delhi)
- Specialist in Keraliya Panchkarma & Massage Therapy.
- Honoured By Post Doctoral Fellowship and International Ayurveda Award from institute of Indian Medicine. (University of Pune).
- Teachers Re- Orientation in Kayachikisa (Medicine) conducted by National Institute of Ayurveda, jaipur.

EXPERIENCE :

- Developed and established infrastructure for Ayurvedic Medicine in Mauritius (1992 -1998)
- Head of Department of Kayachikitsa (Int. Medicine), A & U Tibbia College (University of Delhi) for 29 years.
- Deputy Medical superntendent, A & U Tibbia College (University of Delhi) for 5 years.
- Worked as Incharge Physician and Consultant in medicine and Panchakarma in Out Patient Department and In Patient Department of the Hospital, attached with the college.
- Attended Training Programme on "Hospital Management " sponsored by Directorate Union Territories Civil Services (TCG) Delhi Administration, New Delhi.
- Worked as a Chief Investigator for the Science Research project on "The study of Dharakalpa and Shirobasti" for certain specific disease sponsored by the University Grants Commission (UGC)
- Presented Several papers on Clinical Evaluations and Scientific Research and Published articles in Magazines and souvenirs.

INFRASTRUCTURE ESTABLISHED & DEVELOPED - (MAURITIUS)

1. HERBAL MEDICINAL GARDEN :-

PLANTED ABOUT 150 PLANTS OF MEDICINAL USE AND RESEARCH.

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- 2. RESEARCH AND DEVELOPMENT LABORATORY IN COLLABORATION WITH MODERN RESEARCH AND DEVELOPMENT.
- 3. OPENED AYURVEDIC CENTRES IN MAJOR HOSPITALS ALONG WITH CLINICAL RESEARCH.
- 4. ESTABLISHED PANCHKARMA CENTRE.(MASSAGE THERAPY)
- 5. MADE SURVEY OF MEDICINAL PLANTS AVAILABLE IN THE VICINITY OF MAURITIUS.
- 6. PREPARED DISEASE DATA EVERY YEAR AND ITS PROGRESS REPORT FOR THE RECORD OF MINISTRY OF HEALTH, GOVT. OF MAURITIUS.
- 7. Dissemination of Ayurvedic Medicine through Seminars and work shops
- 8. TRAINED AUXILIARY NURSES FOR PANCHKARMA CENTRE AND MASSAGE THERAPY.
- 9. Six months training was imparted to the allopathic dispensers in dispensing Ayurvedic Medicines.

10. ESTABLISHED SPA CENTRES AT VARIOUS PLACES IN MAURITIUS

PRESENTLY - I AM A SENIOR CONSULTANT IN RESEARCH AND DEVELOPMENT WITH BAIDYANATH AYURVED BHAWAN PRIVATE LIMITED. CORPORATE OFFICE : B –

SAFDARJUNG ENCLAVE, LOCAL SHOPPING CENTRE, NEAR H.D.F.C. BANK, NEW **DELHI - 110029.TEL:2 6173185 /2 6173186 /2 6713270 FAX : 011 26713098**

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SEMINARS ATTENDED & SCIENTIFIC RESEARCH PAPERS PUBLISHED IN THE SEMINAR

- Organising Secretary **National Seminar** on Ojakshaya (AIDS) sponsored by university Grants Commission (UGC) Delhi and also papers published in the Souvenir.
- Attended second National seminar on "Tri Doshas", sponsored by University Grants Commission (UGC) at B.H.U. Varanasi and presented Scientific Research paper on Ahar and Tri- Doshas and also chaired the session.
- Attended All India Ayurvedic **symposia on "Grahani"** at Akola sponsored by University Grants Commission (UGC) and chaired one of the sessions.
- Attended second world Congress on Yoga and Ayurveda "BHU, Varanasi and chaired the session of Gastroenterology.
- Attended National Seminar on Role of Ayurveda health for all till 2000 A.D. sponsored by Unviersty Grants Commission (UGC) and presented Scientific Research Paper on Ayurveda Needs for Risk Analysis.
- Attended seminar and presented paper on "AIDS" and Ojakshya sponsored by all India Institute of Ayurveda and Research Centre, at Nagpur.

 Attended National Seminar on Panchakarma Sponsored by University Grants Commission (UGC) & chaired one of the sessions and presented the Scientific Research Paper at Mumbai.

INTERNATIONAL SEMINARS

- Attended Asian Youth Council Regional Seminar at kaula Lampur, Malaysia.
- Paper accepted on concept of Grahani for presentation in the "First World Congress On Oriental Medicines & Yoga " held at Bankok 1988.
- Paper accepted on "The effect of Punarva Madhur on Kaphaj Shoth for the First Asian Conference on Pharmaceuticals, Research and Drug Industries held at Singapore, 1988.
- Paper accepted on Environmental Damage and invited to present the paper at Miami, Florida, USA.
- Delivered expert guest Lecture on **Drug Abuse** at 1st International Ayurvedic Conference at Mauritius, as well as organiser of the conference, Editor of the souvenir and also paper published in the souvenir.

REGIONAL SEMINARS

- Organising Secretary of National Conference on Herbal Science sponsored by Bharat Nirman, Delhi.
- Attended and participated the National Workshop on Liver disorders and role of ayurveda at University of Pune, sponsored by University grants Commission.
- Attended and Presented Paper On Heart Diseases at World Congress at Bombay.
- Appointed as a Guide for Clinical training in the Department Of Kayachikitsa in O.P.D &
 I.P.D of hospital for World Health Organisaiton fellowship candidate.

MEMBER OF VARIOUS COMMITTEE

- Member of the Faculty of A& U systems of medicine (University of Delhi)
- Member in Charge Unified Pharmacy, attached to Tibbia College, Hospital.
- Staff Advisor, Magazine Section of A & U Tibbia College (University of Delhi), New Delhi.

OTHER ACTIVITIES

- Examiner of Under Graduate, Post Graduate and Ph.D, for Kayachikitsa, Panchakarma, Charak Samhita, etc, of several Universities.
- Several articles on Scientific research and on medical grounds contributed in the college magazines and souvenirs.

LANGUAGES WRITTEN & SPOKEN

• English, Hindi, Gujarati, Marathi, Malayalam & Sanskrit.

PERMANENT ADDRESS

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