

I. Qualification Background and Credentials:

Completion of the 1and1/2 year Diploma in Siddha Medicine Course (2002) International Open Academy for Siddha Medical Sciences, Madras, Tamilnadu, India

Doctorate in Oriental Medicine (1994)

North American Academy of Advanced Asian Medicine, Santa Fe, New Mexico, USA

Master of Arts in Chinese Medicine (1991)

San Francisco College of Acupuncture, San Francisco, California, USA

Completion of Clean Needle Technique Course and exam certified by the US National Council of Acupuncture (1990)

Completion of the 120 hours State Approved Program in Traditional Physical Therapy (Acupressure) (1986) San Francisco College of Acupuncture, San Francisco, California, USA

Diploma of Ayurvedic Medicine Practitioner (1985)

The Ayurvedic Institute, Albuquerque, New Mexico, USA Note: Spent 4 years under a personal tutorage of Dr. Vasant Lad.

Completion of the 100 hour Program in Spectra Chrome Therapy (1983) Menlo Park, California, USA

Completion of the Teacher's Proficiency Course in Yoga, (1980), G.S. College of Yoga, Lonavala, Puna, India

Completion of the Yoga Teacher's Certificate Course (1979)

Quilon Yogasana Kendram Yoga Institute, Kerala, India

Note: Studied with K.P.G. Nair

Completion of the 1 years Program in Yoga, Indian Institute of Yogasanas, (1979)

Cochin, Kerala, India

Note: Studied with Prof. P.G. Chidambaran

Completion of the 1 year Program in Natural Therapeutics (1976)

The Indian Institute of Natural Therapeutics, Padukkottai, Kerala, India

Gurukula education in Indian philosophy and yoga with Guru Nitya Chaitanya Yati, successor of Nataraja Guru in the lineage of Naryana Guru. (1976-1979)

In progress:

Doctorate in Siddha Medical Sciences Program
International Open Academy for Siddha Medical Sciences, Madras, Tamilnadu, India

Continuing education:

Gurukula studies with Vaidyabhooshanam K.Raghava Thirumulpad, Kerala, India Gurukula studies with Vaidya Sudheer, Saint Agastya Kshetram, Kerala, India

II. Memberships:

The Ayurvedic Association of Great Britain

The Guild of Herbal Medicine Practitioners, UK

NAMA (National Ayurvedic Medical Association), USA

CAAM (California Ayurvedic Medical Association), California, USA

The Associated Massage and Bodywork Professionals, USA

Founder, The Czech Association of Ayurvedic Medicine, Czech Republic

III. Publications

Books

Traditional Ayurvedic Medicine – A Synopsis of the Pharmacopoeia (English)

Essays on Ayurveda (Czech, English – in progress)

Interviews and articles done by the press staff writers:

23 interviews and articles in various magazines and newspapers in USA, India, England, Czech Republic and Slovak Republic.

Articles on specific subject, worldwide:

Topic - Ayurvedic Medicine Is Effective in the Treatment of AIDS Related Conditions, published by: The Europa Times, Malayalam Pathram, India Post, India Currents, Anacortes News, Well Being Journal.

Articles written by the self:

Over 70 articles on various aspects of Ayurveda (1998-2002 alone).

Video tapes:

Fundamentals of Ayurvedic medicine Lectures on Ayurveda Ayurveda – Mother of Medicine Ayurvedic Massage Course

IV. Teaching Experience

Academic:

Adjunct Faculty Member, Bastyr University, Bothell, Washington, USA (1996-1998). Ayurveda College of Tripunithra, Kerala, India (1997).

East – West University, Ooty and Madras, India (1989-1997). San Francisco College of Acupuncture, California, USA (1988-1990).

Non-academic:

40 seminars and courses: (between 1999 –2002 only, conducted regularly)

Ayurveda II., Ayurveda III.

Ayurvedic Massage I., Ayurvedic Massage II.

Spiritual Aspects of Ayurveda – Karma and Dharma

Ayurveda and Yoga

Ayurvedic Diet and Cooking

Easy Yoga

Single lectures: (between 1998-2002 only)

Over 40 lectures entitled "Meeting with Ayurveda" in over 30 cities and towns in the Czech and Slovak Republic, as a part of pioneering effort to pupularize Ayurveda in the region.

V. Main International Symposiums – Guest Speaker

International Conference on Ayurvedic Medicine and Astrology in Trissur, India (2005)

International Conference by the NAMA in Florida, USA – Treatment of Cancer in Ayurveda (2003)

World Conference on Ayurveda, Cochin, Kerala, India (2002)

International Conference on Ayurveda by CAAM, Berkeley, USA (2002)

1st and 2nd International Seminar on Ayurveda by Gujarat University, Jamnagar, India (2000, 2001) International Seminar on Holistic Life and Total Health Care, Prajyoti Niketan College, Kerala, India (1997)

VI. Clinical Experience and Achievements in the Medical Field

AjusTeja, Ayurvedic Resort, Bangalore, India
The Third Space Clinic of Integrated Medicine, Soho, London
Independent clinical practice in Ayurvedic medicine
Independent clinical practice in Ayurvedic and Traditional Chinese
Medicine
Practice of Traditional Chinese medicine at the San Francisco College
of Acupuncture Medical Clinic, under supervision
Clinical observation and treatment under direct supervision of
Dr. Vasant Lad, Ayurvedic Institute Clinic, Albuquerque, New Mexico

VII. Research Experience

2001-present	Research on history of Ayurveda in Kerala
1997-2002	Research on identification and preservation of the rare medicinal plants
	of Kerala traditionally used in Ayurveda
1993-96	Research on Ayurvedic treatment of immune disorders with primary
	focus on HIV/AIDS related diseases and CFIDS